

## Recruiters survive stress-test

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It's official — recruitment is one of the least stressful occupations. Before you all write in, engineering staffing specialist Talascend called in the experts, Apple Wellbeing, to test and advise staff on health issues.

Apple's report highlighted that: "Without doubt, Talascend has the best results we have recorded within a business for blood pressure."

Katie Jackson, Marketing Co-ordinator at Talascend can see a correlation with the entry process for the Recruiter Awards for Excellence, supported by Thomas International: "When we were tested I think we had already submitted our entry, so stress had subsided considerably. Having been shortlisted I expect it will shoot up again on the Awards night."

We'll be on hand with the blood pressure kits at the Awards to check...

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